

## **Counselor Knowledge Exam**

### **2007**

***Instructions:*** Please complete all 40 questions and mark your answers on the scannable answer sheet provided by the AIDS Administration using either a #2 pencil or black ink pen. This test is open book!

1. TRUE or FALSE - State regulations require the agency must have a staff physician or other practitioner authorized to order laboratory testing.
  - A. True
  - B. False
2. Maryland Law (Health Occupations Article, subsection 18-338.2) requires health care providers of pregnant women to:
  - A. Offer an HIV test as part of the patient's prenatal care and obtain voluntary written informed consent.
  - B. Counsel about the benefits of HIV testing and about prophylaxis to reduce the risk of vertical transmission to the fetus or infant.
  - C. Discuss with the patient that a refusal to consent to an HIV test, or a positive test result, is not a basis for denying prenatal care.
  - D. All of the above.
3. Organizations involved in testing at special events (i.e. health fairs) must:
  - A. Use the site number of the main office of the organization.
  - B. Not use OraQuick ADVANCE® at the event.
  - C. Notify their CTR coordinator no less than 5 days prior to the event.
  - D. Advertise the event in the local newspaper.
4. The two serologic tests used to detect HIV antibodies are:
  - A. ELISA.
  - B. Western Blot.
  - C. Both A and B.
  - D. Neither A nor B.
5. TRUE or FALSE - Both reactive and non-reactive HIV test results may be given over the phone, as long as the client signed a "Post-Test Counseling by Telephone Authorization Form" during the pretest counseling session.
  - A. True
  - B. False
6. Medical conditions which may cross-react and cause a false positive with the ELISA test include:
  - A. Common cold.
  - B. Chronic Hepatitis.
  - C. Type I Diabetes.
  - D. B and C.
7. All designated anonymous and/or confidential testing sites are required to:
  - A. Send counselors to a 5-day training class.
  - B. Perform background security checks on all counselors.
  - C. Obtain a CTR site number.
  - D. All of the above.

8. TRUE or FALSE - Upon completion of the Level I Training each counselor must submit a CTR Counselor Number Request Form.
  - A. True
  - B. False
9. PCRS stands for:
  - A. Parental Consent Required with Signature.
  - B. Partner Counseling and Referral Services.
  - C. Patient Can Refuse Services.
  - D. None of the above.
10. Specimens can be collected from clients using:
  - A. Vacutainer tube.
  - B. OraQuick ADVANCE<sup>®</sup> Device.
  - C. Urine specimen cup.
  - D. A and B.
11. During the 2006/2007 Maryland Legislative Session the General Assembly voted to:
  - A. Compile and publish a list of all HIV infected persons in the state.
  - B. Discontinue the use of the Unique Patient Identifier and report HIV/AIDS infection by name.
  - C. Decrease funding to all CTR sites by 20%.
  - D. All of the above.
12. OraQuick ADVANCE<sup>®</sup> is a screening tool in the diagnosis of HIV infection. This means:
  - A. The client's sample is run through a small screen placed inside the device.
  - B. A preliminary positive result must be followed by a confirmatory test.
  - C. It's not really that accurate.
  - D. Clients should be screened to see if they are able to use it.
13. TRUE or FALSE - According to Maryland Law, all pregnant women receiving prenatal care must be tested for HIV.
  - A. True
  - B. False
14. Regarding Partner Counseling and Referral Services (PCRS), a CTR counselor who is giving a positive HIV result to a client, and has not been specially trained in PCRS should....
  - A. Not address PCRS in the posttest counseling session because of inappropriate timing.
  - B. Elicit contact names of the client during the posttest counseling session.
  - C. Offer to test the sexual and/or needle-sharing partners of that client.
  - D. Refer the client to the Local Health Department's PCRS Program using the "Referral From CTR to PCRS Form" from the CTR Policies and Procedures Manual.
15. The Perinatal HIV Authorization form may be used:
  - A. To obtain consent for HIV testing from any pregnant woman.
  - B. To obtain consent for HIV testing from any women who is considering getting pregnant.
  - C. To obtain consent for HIV testing from any women who has delivered within the past six months.
  - D. All of the above.
16. TRUE or FALSE - The Western Blot antibody test will usually rule out any false positives.
  - A. True
  - B. False

17. If a client's HIV test produces an indeterminate result via conventional testing, a CTR counselor should recommend that the client submit another blood specimen for testing in
- A. In three weeks and again at six months.
  - B. In four weeks and again at six months.
  - C. In six weeks and again at six months.
  - D. In eight weeks and again at six months.
18. TRUE or FALSE - According to Maryland law, Partner Counseling and Referral Service is mandatory for all clients who test positive for HIV antibodies.
- A. True
  - B. False
19. \_\_\_\_\_ is a medical condition that may cross-react with an ELISA test, causing a false positive.
- A. Syphilis
  - B. Rheumatoid Arthritis
  - C. Both A & B
  - D. None of the Above
20. If a client tests negative for HIV antibodies, but has participated in high-risk behavior about two weeks ago, the CTR counselor's recommendation should include:
- A. Getting another HIV test in six months
  - B. Getting another HIV test in four months
  - C. The client does not need another HIV test because the new ELISA tests are more sensitive to HIV antibodies than the previous one.
  - D. None of the above.
21. TRUE or FALSE - A non-reactive test result means the client has tested positive for HIV antibodies.
- A. True
  - B. False
22. In a confidential setting, the client's name and information presented and discussed in the session is not to be shared. One exception to this is:
- A. If the client is a minor.
  - B. If the client intends to harm themselves or others.
  - C. Both A & C.
  - D. None of the above.
23. TRUE or FALSE - A CTR counselor number can be re-activated if the counselor returns to CTR counseling.
- A. True
  - B. False
24. If a person knowingly infects another person with HIV, commonly called "willful exposure", which of the following penalties can be placed on that offender:
- A. Fined for \$2,500.
  - B. Convicted of a misdemeanor.
  - C. 3 years in prison.
  - D. All of the above.

25. Which one of the following are used as a social skill for supporting behavior change:
- A. Preparation for Change.
  - B. Rationality.
  - C. Social Affiliation.
  - D. None of the above.
26. TRUE or FALSE – If a client that has tested positive for HIV, and has not inquired about PCRS, the counselor should initiate a discussion regarding partner notification.
- A. True
  - B. False
27. Maryland law sets a minimum age for delivering services to a minor that is:
- A. 12 years old.
  - B. 16 years old.
  - C. Any age.
  - D. 13 years old.
28. TRUE or FALSE - The DIS (Disease Intervention Specialist) is the only person trained to solicit names and actually inform needle sharing/sex partners of a possible exposure to HIV.
- A. True
  - B. False
29. Which of the following must be completed according to Maryland State law when a client would like an HIV test?
- A. Yellow Appointment Card
  - B. PCRS Referral Form
  - C. Informed Consent
  - D. Lab Slip
30. A risk reduction plan could include which of the following:
- A. Monogamous relationship
  - B. Abstinence
  - C. Limiting number of sex partners
  - D. All of the above
31. TRUE or FALSE - Both client and counselor should sign and date the HIV Informed Consent Form before the specimen is obtained.
- A. True
  - B. False
32. The CTR Data Collection Booklet must be completed:
- A. For all confidential tests
  - B. In clinical settings
  - C. For every HIV testing session
  - D. Only outreach events
33. TRUE or FALSE - If a specimen had two ELISA non-reactive results the overall result is NEGATIVE.
- A. True
  - B. False

34. The State and County Code for Imperial County, California is:
- A. 06 and 025
  - B. 05 and 026
  - C. 07 and 124
  - D. 11 and 031
35. Confirmed HIV positive results, along with HIV viral load and CD4 lymphocyte test results should be reported to your local health officer or Baltimore City within:
- A. One month
  - B. One week
  - C. 48 hours
  - D. 24 hours
36. If a client exhibits violent or threatening behavior a counselor's first priority should be:
- A. Obtaining a specimen
  - B. Calming the client
  - C. Personal Safety
  - D. Partner Notification
37. Telephone post-test counseling can only be conducted for a negative test result. You must explain to the client that there are several reasons that would require them to come in for their test result. A result cannot be given over the phone if there are:
- A. Problems with the sample.
  - B. Problems at the lab.
  - C. The test result was indeterminate or positive.
  - D. All of the above.
38. TRUE or FALSE - When conducting a conventional HIV test and a specimen and lab slip is sent to the Maryland State Laboratory, you must include the client's name on the laboratory slip.
- A. True
  - B. False
39. Maryland law requires that all positive clients are given a copy of the publication:
- A. "Living Positively with HIV"
  - B. "HIV+ You're Not Alone"
  - C. "Prevention for Positives"
  - D. "Information for HIV Infected Persons"
40. When counseling an HIV positive client. The counselor must:
- A. Provide a copy of the publication, "Information for HIV Infected Persons."
  - B. Refer for medical evaluation including a CD4 cell count, Viral Load, and TB testing.
  - C. Initiate Partner Counseling and Referral Services.
  - D. All of the Above